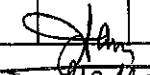


Annual Plan of Action for 2019-2020 of Lifestyle, Health Education & Promotion Operational Plan

Name of OP: Lifestyle, Health Education & Promotion Operational Plan

Strategy # & sub strategy # of NNP(1)	Major Activities according to NPAN2 (2)	Activities of relevant OP (3)	Indicator (4)				Estimated Budget in 2018-2019 fiscal year (Lakh taka) (5)	Estimated Budget in 2019-2020 fiscal year (Lakh taka) (6)	Activities of 2019-2020 fiscal year (7)				
			Performance Indicator(A)	Baseline (B)	2019-2020 Target ©				Source (D)	1st quarter (A)	2nd Quarter (B)	3rd Quarter ©	4th Quarter
					Population based/Others	Geographical Coverage							
6.1.2													
6.1.2.1	3. Promote school health, nutrition and WASH programs	C.2. Conduct child health and school health program.	Session/workshop		-	All over the country	OP	32.00	26.00	√	√	√	√
6.1.2.4	1. Conduct awareness raising activities on prevention on malnutrition among adolescents	C4. Counselling on safe sexual behavior, mental health, HIV/AIDS, tobacco and drug abuse, Dietary advice among the adolescents.	Workshop/Seminar		-	"	OP	11.00	11.00	√	√	√	√
	2. Enforce law to prevent early marriage	C5. Counselling on prevention of early marriage and delaying pregnancy among the adolescents and their parents.	Session		-	"	OP	32.00	62.00	√	√	√	√
	4. Conduct awareness-raising activities among producers and consumers about the hazards of unhealthy processed food items to control inappropriate food marketing	A.ii.1.District level workshop on promotion around healthy diet, the effects of dietary salt intake, hazards of excessive sugar and oil intake and need for high fruits and vegetables intake.	Workshop		-	"	OP	20.00	20.00	√	√	√	√
6.2.5	1. Conduct Mass media campaign for improving food safety, water and sanitation and hygiene practices/SBCC to make right and safe food choices/improve hygiene practices.	C.1. Provide practical health education on hygiene and hand washing to pre school children and follow up at home to ensure healthy practices.	Student orientation		-	"	OP	34.00	56.00	√	√	√	√
6.2.9	3. Promote healthy life style including physical exercise	A.ii. 3. Public education campaigns about the benefits of exercise.	Campaign		-	"	OP	12.80	12.00	√	√	√	√
	2. Include elderly population into existing safety net program	C 3. Conduct community based workshop/seminer to promote compassion for elderly health care through procurement of service package.	Package /session /workshop		-	"	OP	32.00	72.00		√	√	


 ডাঃ মোঃ এহসানুল করিম
 মাইন ডাইরেক্টর
 নাইন স্টাইল, হেলথ এডুকেশন এন্ড প্রমোশন
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